

PE Long Term Overview (Note some units may move depending on external coaching availability)

		Games	Dance	Gym	Outdoor Orienteering	
	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Year R	Gross Motor Development using schools therapy pack (Cohort specific)	Shape & Balance Christmas Dance (Changes annually, dependent on production)	Wallbars Chinese New Year	Throwing & Catching	Athletics Commotion in the Ocean	Cricket Orienteering
Year 1	Orienteering Three Little Pigs	Throwing & Catching Toys	Spatial Awareness Shape & Balance	Football Wall Bars	Athletics Jack and the Beanstalk	Tennis Key Steps Body Management – Step 1
Year 2	Throwing & Catching Great Fire of London	Rounders Victorian Waltz Dance	Football Shape & Balance	Netball African Dance	Hockey Responding to Music	Athletics Key Steps Floor Exercises – Step 1
Year 3	Tennis Street Dance 1	Football Responding to Music	Rugby River Dances	Orienteering Shape & Balance	Athletics Egyptians	Cricket/Rounders Key Steps Body Management – Step 2
Year 4	Netball Shape & Balance	Hockey The Water Cycle	Cricket/Rounders Wall Bars	Rugby Street Dance 2	Football Key Steps Floor Exercises – Step 2	Athletics The Rainforest
Year 5	Hockey Shape & Balance	Rugby Vikings	Cricket/Rounders Responding to Music	Tennis Country Dancing	Athletics World War 2 Dance	Football Key Steps Body Management – Step 3
Year 6	Football Shape & Balance	Rugby Spaceman	Netball Wall Bars	Hockey Street Dance 3	Tennis Key Steps Floor Exercises – Step 3	Swimming Athletics