

PE in EYFS

Tell me about PE in EYFS ...

1) Concepts and skills

- What does the taught curriculum look like?

Teaching basic core skills – includes gross motor skills and fine motor skills.

Sharing ideas and equipment and team building games such parachute games.

Discuss the impact exercise has on the body.

- What does the environmental curriculum look like?

Continuous provision outside for example climbing trees, ball games, sandpit, mud kitchen, water play, tangle web etc.

Movement breaks

2) Attitudes and dispositions_- How are the characteristics of effective learning developed through your subject?

Communication – listening and responding in order to achieve a common goal

Co-operation – learning together in order to achieve a common goal

Learning powers

Learning pit

Being willing to have a go

Being proud

Making links

Changing strategy

3) Vocabulary - What specific vocabulary is taught in preparation for the National Curriculum?

Vocab that identifies body parts – eg muscles, heart, breathing

Faster, slower

Balancing

Aiming

Throwing – under arm / over arm

Rolling

Bouncing

Key movements of gymnastics

Rhythm, beat and timing

Responding

Left/right/up/down